

## **UPCOMING VETERANS EVENTS 04-14-24**

*\*\*\* All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at [Justyn.Charon@va.gov](mailto:Justyn.Charon@va.gov) \*\*\**

**Post-Traumatic Stress Disorder Group (PTSD)** – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

**Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 9:30 – 11:00 a.m.

**Vietnam Veteran PTSD Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

**Art Expression Group** – Every Thursday from 9:00 – 12:00 p.m.

**Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group** – Every Wednesday from 11:00 – 12:00 p.m.

**Stress Management-** Every Thursday from 9:00 – 10:00 a.m.

**Low Impact Walking Group** – Every Tuesday from 9:00 – 10:00 a.m.

**Guitar 4 Veterans** – Every Wednesday from 7:00-8:30 p.m.

**Monday Mindfulness Group** – Every Monday from 10:00 - 11:00 a.m.

**Yoga Group** – Every Friday from 12:00 - 1:00 p.m.

**Moral Injury Group** – Every Friday from 10:00 - 11:00 a.m.

**Modern Warrior Support Group** – 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 2:30 - 4:00 p.m.

**2024 Project New Hope Inc. Veterans'**

**Retreats:** [www.projectnewhopema.org/home/retreats/](http://www.projectnewhopema.org/home/retreats/)

**Monday, April 15<sup>th</sup>**, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI. Election of Post Officers

**Sunday, April 23<sup>rd</sup>**, 115<sup>th</sup> Birthday, US Army Reserve (1908)

**Tuesday, April 23<sup>rd</sup>, 6 to 7PM**, Veterans coffee social  
**Location:** Warwick Public Library, 600 Sandy Lane, Warwick, RI

**WEDNESDAY, APRIL 24** [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI  
5:00pm 6:30pm

**Wednesday, May 1<sup>st</sup>**, VFW Loyalty Day

**Wednesday, May 1<sup>st</sup>**, 9AM-3PM, DAV Ch #3 hosting NVSO;s at VFW Post 306, 171 Fountain St, Pawtucket, RI All veterans invited to meet with National Veterans Service

**Saturday, May 4<sup>th</sup>**, Rhode Island Independence Day

**WEDNESDAY, MAY 8**, 5:00pm 6:30pm [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI

**Friday, May 10<sup>th</sup> 1:00PM**, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Sunday, May 12<sup>th</sup>**, Mother's Day

**SATURDAY, MAY18 & 19** [Newport Oyster Festival](#) All day

**Sunday, May 19<sup>th</sup>**, Rhode Island Blue Star Parents Day

**Monday, May 20<sup>th</sup>**, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**WEDNESDAY, MAY 22** [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI  
5:00pm 6:30pm

**Monday, May 27<sup>th</sup>**, 11AM, Memorial Day Ceremony, corner Roosevelt Ave and Exchange St, Pawtucket, RI

**Monday, June 6<sup>th</sup>**, Military Nurses' Day

**Thursday, June 6<sup>th</sup>**, 6-10:30PM, United Veterans Council RI installation of Officers Banquet **Location:** Twin Oaks, 100 Sabra Street, Cranston, RI

**Saturday, June 8 & 9<sup>th</sup>**, Gaspee Days

**WEDNESDAY, JUN 12**, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI  
5:00pm 6:30pm

**Friday, June 14<sup>th</sup>, 1:00PM**, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

**Friday, June 14<sup>th</sup>-June 15<sup>th</sup>**, VFWRI State Convention, Location: TBD

**Monday, June 17<sup>th</sup>**, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**FRIDAY, JUN 21 Thru 23** [Newport Pride Weekend](#) All day

**WEDNESDAY, JUN 26** [Can We Talk \(Community Conversations on Trauma & Healing\)](#)  
**Location:** Open Table of Christ Church 1520 Broad Street Providence  
RI 5:00pm 6:30pm

**THURSDAY, JULY 4 Thru 21** [Newport Classical Music Festival](#)  
**Location:** Newport, RI All day

**THURSDAY, JULY 4**, [Bristol Fourth of July Parade](#)  
**Location:** At the corner of Chestnut Street and Hope Street, Bristol RI  
10:30am 11:30am

**WEDNESDAY, JULY 10**, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

**Saturday, July 13<sup>th</sup>, 10AM**, District #1 meeting, VFW Post 306, 171 Fountain St, Pawtucket, RI

**Monday, July 15<sup>th</sup>**, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**WEDNESDAY, JULY 24**, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI  
5:00pm 6:30pm

**FRIDAY, JULY 26 Thru 28**, [Newport Folk Festival](#)

**Location:** Fort Adams State Park Newport RI 02840 All day

**Saturday, July 27<sup>th</sup>**, 11AM @ Korean War Veterans Memorial Ceremony

**Wednesday, July 31<sup>st</sup>**, Disabled American Veterans Day

**FRIDAY, AUGUST 2 Thru 4**, [Newport Jazz Festival](#) All day

**WEDNESDAY, AUGUST 7**, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

**Monday, August 19<sup>th</sup>**, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

**If any event is in [BLUE](#), click on the event for a flyer.**

**Would you like to see your veteran event here, please contact John P Gallo Sr., Chairman, Legislation Committee. Cell: 401-573-7057 or [johnlgg@cox.net](mailto:johnlgg@cox.net)**